

## **TWELFTH SUNDAY AFTER PENTECOST – PROPER 14**

August 11, 2024

Year B, Revised Common Lectionary

*[formatted version with line breaks and verse markers removed]*

### **Table of Contents**

- ["First" OT reading and Psalm – Major stories/themes, read mostly continuously: with Second Reading and Gospel, Psalm in Poem Format, with Black and White Art Image](#) [pgs.2-3]
- ["Alternate First" OT reading and Psalm – Thematically pairs the OT readings with the Gospel Reading: with Second Reading and Gospel, Psalm in Poem Format, with Black and White Art Image](#) [pg.4-5]
- [Compact Double Column All Texts](#) [pg.6]
- [Compact Triple Column All Texts](#) [pg.7]
- [All Texts, Large Font](#) [pgs.8-16]
- ["First" Readings, Half Page Format](#) [pg.17]
- ["Alternate First" Readings, Half Page Format](#) [pg.18]
- ["First" Readings, Front and Back Format \(printer dependent\)](#) [pgs.19-20]
- ["Alternate First" Readings, Front and Back Format \(printer dependent\)](#) [pgs.21-22]

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#### *Bread of Life*

*Sagrada Família. Pinacles Etsuro Sotoo,  
by Sagrada Família (official), Barcelona, Spain, 2011.*

**2 Samuel 18:5-9, 15, 31-33** The king ordered Joab and Abishai and Ittai, saying, “Deal gently for my sake with the young man Absalom.” And all the people heard when the king gave orders to all the commanders concerning Absalom. So the army went out into the field against Israel, and the battle was fought in the forest of Ephraim. The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. The battle spread over the face of all the country, and the forest claimed more victims that day than the sword. Absalom happened to meet the servants of David. Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on. And ten young men, Joab’s armor-bearers, surrounded Absalom and struck him and killed him. Then the Cushite came, and the Cushite said, “Good tidings for my LORD the king! For the LORD has vindicated you this day, delivering you from the

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#### Psalm 130

- ✘ Out of the depths I cry to you, O LORD.
- ✘ LORD, hear my voice! Let your ears be attentive to the voice of my supplications!
- ✘ If you, O LORD, should mark iniquities, LORD, who could stand?
- ✘ But there is forgiveness with you, so that you may be revered. I wait for the LORD;
- ✘ my soul waits, and in his word I hope;
- ✘ my soul waits for the LORD more than those who watch for the morning, more than those who watch for the morning.
- ✘ O Israel, hope in the LORD!
- ✘ For with the LORD there is steadfast love, and with him is great power to redeem.
- ✘ It is he who will redeem Israel from all its iniquities.

**Ephesians 4:25-5:2** So then, putting away falsehood, let each of you speak the truth with your neighbor, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Those who steal must give up stealing; rather, let them labor, doing good work with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths but only what is good for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

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- ✘ I will bless the LORD at all times; his praise shall continually be in my mouth.
- ✘ My soul makes its boast in the LORD; let the humble hear and be glad.

- ✘ O magnify the LORD with me, and let us exalt his name together.
- ✘ I sought the LORD, and he answered me and delivered me from all my fears.
- ✘ Look to him, and be radiant, so your faces shall never be ashamed.
- ✘ This poor soul cried and was heard by the LORD and was saved from every trouble.
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## TWELFTH SUNDAY AFTER PENTECOST – PROPER 14

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**1 Kings 19:4-8** But he himself went a day's journey into the wilderness and came and sat down under a solitary broom tree. He asked that he might die, "It is enough; now, O LORD, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones and a jar of water. He ate and drank and lay down again. The angel of the LORD came a second time, touched him, and said, "Get up and eat, or the journey will be too much for you." He got up and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

**Psalms 34:1-8** I will bless the LORD at all times; his praise shall continually be in my mouth. My soul makes its boast in the LORD; let the humble hear and be glad. O magnify the LORD with me, and let us exalt his name together. I sought the LORD, and he answered me and delivered me from all my fears. Look to him, and be radiant, so your faces shall never be ashamed. This poor soul cried and was heard by the LORD and was saved from every trouble. The angel of the LORD encamps around those who fear him and delivers them. O taste and see that the LORD is good; happy are those who take refuge in him.

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